

# Formula Feeding

Formula contains ~670 cal / L

**0 - 6m**

~100 cal/kg/d  
~ **150 cc/kg/d**

**6m - 12 m**

~80 cal/kg/day

eg:

8m (kg) → 800 cal/d  
→ 1.2 L/d formula  
→ **6 x 200cc feeds per day**